

Year 1	Year 2	Year 3
<ol style="list-style-type: none"> 1. Setting a simple personal goal 2. Keeping clean 3. Looking after our teeth 4. Staying Healthy 5. SRE: Growing and Changing 6. SRE: Families and Care 	<ol style="list-style-type: none"> 1. Being unique 2. Making change happen 3. Changing our behaviour 4. SRE: differences: boys and girls and naming the body parts 5. SRE: differences: male and female 6. SRE: to understand the lifecycle of a frog or a chick 	<ol style="list-style-type: none"> 1. SRE: differences: male and female 2. SRE: personal space 3. SRE: family differences 4. Feeling happy 5. Staying healthy 6. Overcoming barriers to reaching goals
Year 4	Year 5	Year 6
<ol style="list-style-type: none"> 1. Wishes, hopes and dreams 2. Positive change 3. Unwelcome change 4. SRE: growing and changing 5. SRE: body changes 6. SRE: What is puberty? 	<ol style="list-style-type: none"> 1. SRE: talking about puberty 2. SRE: male and female changes 3. SRE: puberty and hygiene 4. The concept of well-being 5. Being an effective learner 6. Role models 	<ol style="list-style-type: none"> 1. SRE: puberty and reproduction 2. SRE: relationships and reproduction 3. SRE: conception and pregnancy 4. SRE: being a parent 5. Common responses to change 6. Transition and moving on

Sex and Relationships Education